

# National Core Indicators In-Person Surveys

Fiscal Year 2022-2023

## What are these surveys?

- ▶ The National Core Indicators are a series of measures that are tracked to report on the state of IDD services across the country, currently in 48 states and the District of Columbia.
- ▶ These are various surveys, conducted on a regular schedule, using a random sample of individuals pulled from the regional centers' databases. State Council on Developmental Disabilities is contracted to deliver the survey. The results are statistically analyzed by Human Services Research Institute, a national, private not-for-profit.
- ▶ For Fiscal Year 22/23, NCI conducted the In-Person Survey with adults served by the regional centers.
- ▶ 416 adults served by SARC were interviewed.

# Demographics

|                       | San Andreas<br>Regional Center        | California                            |
|-----------------------|---------------------------------------|---------------------------------------|
| Mean Age              | 40                                    | 39                                    |
| Sex assigned at birth | 61% male, 39% female                  | 59% male, 41% female                  |
| Marital Status        | 97% single, 3% married<br>or divorced | 97% single, 3% married<br>or divorced |
| Parent?               | 0%                                    | 13%                                   |
|                       |                                       |                                       |

# Race/Ethnicity

|                                  | San Andreas Regional Center | California |
|----------------------------------|-----------------------------|------------|
| American Indian or Alaska Native | 0%                          | 0%         |
| Asian                            | 19%                         | 9%         |
| Black or African American        | 3%                          | 11%        |
| Pacific Islander                 | 0%                          | 0%         |
| White                            | 40%                         | 40%        |
| Hispanic or Latino               | 33%                         | 36%        |
| Other                            | 3%                          | 2%         |
| Don't Know                       | 1%                          | 1%         |

# Language

|            | San Andreas Regional Center | California |
|------------|-----------------------------|------------|
| English    | 64%                         | 77%        |
| Spanish    | 23%                         | 20%        |
| Chinese    | 1%                          | 1%         |
| Tagalog    | 0%                          | 0%         |
| Vietnamese | 11%                         | 1%         |
| Other      | 1%                          | 1%         |

# Eligible Conditions

|                                | San Andreas Regional Center | California |
|--------------------------------|-----------------------------|------------|
| Intellectual disability (ID)   | 72%                         | 75%        |
| Autism spectrum disorder (ASD) | 41%                         | 42%        |
| Cerebral palsy (CP)            | 32%                         | 29%        |
| Epilepsy                       | 33%                         | 33%        |
| Condition similar to ID        | 1%                          | 0%         |

# Residence

|                                     | San Andreas Regional Center | California |
|-------------------------------------|-----------------------------|------------|
| ICF, SNF, or other special facility | 2%                          | 5%         |
| Adult RCF                           | 34%                         | 23%        |
| Own home                            | 11%                         | 13%        |
| Parent/family                       | 52%                         | 45%        |
| Homeless                            | 0%                          | 0%         |

# Key takeaways: Health

- ▶ No SARC interviewees reported a mental illness, versus 2% in California
- ▶ 28% reported having diabetes, slightly higher than the state average of 26%
- ▶ 26% reported high cholesterol, versus 43% statewide.
- ▶ 23% report having asthma, versus 26% in the state.
- ▶ 12% have sleep apnea, versus 8% statewide.
- ▶ 20% reported having another serious and/or long-term health condition, compared to 24% statewide.
- ▶ Of SARC female respondents, only 35% had a Pap test in the past three years, similar to the statewide average.



# Key takeaways: Community

- ▶ 33% of SARC respondents said they do not get to go out into the community as much as they want to, higher than the state average.
- ▶ 21% said they do not get to go out with the people they want to, slightly higher than the state average.
- ▶ 85% reported that they do not participate in groups, organizations, or communities, slightly higher than the state average.
- ▶ 89% report feeling lonely, slightly higher than the state average.
- ▶ 50% want to go out more than they currently do, a little higher than the state average of 47%

# Key takeaways: Home

- ▶ 52% of SARC respondents said they did not get to choose their living situation, somewhat higher than the state average.
- ▶ 63% of SARC respondents not living in a family home said they did not get to have any input in who they would live with.
- ▶ 92% felt they had control of their money and purchasing
- ▶ 40% felt they had no say regarding who worked with them.
- ▶ 65% stated they want to live somewhere else, a little better than the state average of 70%
- ▶ 80% reported that staff listen and do things they way they prefer, lower than the 89% average.
- ▶ 52% reported their staff change too often, higher than the 40% state average.
- ▶ 50% reported having to leave the home if other residents or staff leave, a bit higher than the average.

# Key takeaways: Regional Center

- ▶ 17% of SARC respondents had not met or spoken with their service coordinator, in keeping with statewide average.
- ▶ Of those that met or spoke to their service coordinator, 84% reported their service coordinator knew what was important to them, compared to 86% statewide.
- ▶ 72% reported being able to contact their service coordinator as needed, lower than the state average of 78%.
- ▶ 93% reported participating or being asked to participate at their last individual program plan meeting, in keeping with statewide average.
- ▶ Unfortunately, only 59% reported they helped craft their IPP, less than the state average of 67%.
- ▶ Only 68% of respondents reported speaking to their service coordinator more than annually; however, this is better than the 74% state average.
- ▶ 97% felt they were treated with respect, in keeping with the statewide average.
- ▶ 88% report their service coordinator using or sending reports in their preferred language, slightly lower than the state.
- ▶ Only 43% know they can appeal a regional center decision, much lower than the state average of 59%

# Key takeaways: Services and Supports

- ▶ 25% of respondents would like more help with improving their work skills, in keeping with the statewide average.
- ▶ 30% would like to take more classes and 29% would like to find something different to do, higher than the state average