



San Andreas Regional Center

Invites you!

Topic Talks with SARC



We invite you to join us for a discussion on the topic of the month as well as an opportunity to connect with some of the providers that support our community and provide those services.

January 2024 – Respite Services

Friday, January 12th 6:30 PM – 8:00 PM

Register here: <https://us06web.zoom.us/meeting/register/tZlucOyhrDssHNXdHqXzkdASaRE5UwXyGB5>

Respite services allow for care of an individual when their primary caregiver may need a break. Some things we will learn in this presentation are:

- Types of respite services.
- Knowing how one qualifies for hours.
- Knowing the options for your providers.

February 2024 – Participant Directed Services (Choosing Your Own Providers)

Friday, February 9th 6:30 PM – 8:00 PM

Register here: <https://us06web.zoom.us/meeting/register/tZ0kd-mrrTguE9JbB66X7XkqmLDwyauItKV2>

For some select services, you may be able to choose the person who provides the service. Some things we will learn in this presentation are:

- What services are “participant directed”?
- How do I hire the person I want to hire?
- What will my providers be paid?

March 2024 – Social Recreation

Friday, March 8th 6:30 PM – 8:00 PM

Register here: <https://us06web.zoom.us/meeting/register/tZEud-ypqTlIoEtSgFZbOrS3c52kmfd6ScsSq>

Social Recreation services allow you to participate in activities such as karate or soccer. Some things we will learn in this presentation are:

- What Social Recreation Services can Regional Center pay for?
- Are there limits on how much, or what, can be purchased for social recreation?
- How does the service work for the activity to be paid for?

Please contact Kait Wilkerson at kwilkerson@sarc.org or 669-333-9390 for questions or comments.



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April 2024 – Living & Housing Options

Friday, April 12th 6:30 PM – 8:00 PM

Register here: https://us06web.zoom.us/meeting/register/tZMsf-uppjwvGNLuS2yIX_Ca0FV7BsA5zIo3

Living options can range from homes to independent living or housing searches.
Some things we will learn in this presentation are:

- What are the living options available?
- What are the differences between home placement options or an independent housing search?
- What is the difference between ILS and SLS?

May 2024 – Day Program Options

Friday, May 10th 6:30 PM – 8:00 PM

Register here: <https://us06web.zoom.us/meeting/register/tZctcOCppjwvHNPY5ubGxdw0Jq0t-azQeYN1>

Day Programs and day services allow for structured activities either at a location or in the community.
Some things we will learn in this presentation are:

- Who qualifies for day program services?
- What types of day programs are there?
- How do I find a good fit if I am interested in going to a day program?

June 2024 – Emergency Preparation

Friday, June 14th 6:30 PM – 8:00 PM

Register here: <https://us06web.zoom.us/meeting/register/tZwoce2ppj8vE9doosa9QTUS7y0HJwB-LAZX>

Emergency Preparation skills are great to be ready just in case of an unexpected emergency.
Some things we will learn in this presentation are:

- What emergencies should I prepare for?
- Basics for an emergency safety plan.
- How to make a “go kit” or a “stay kit” for emergencies.

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July 2024 – Healthcare Planning: Advance Directives and POLST

Friday, July 12th 6:30 PM – 8:00 PM

Register here: https://us06web.zoom.us/meeting/register/tZEuf-msrT4qE9wnizUT_7g_gtLqolq27PS

This segment takes a moment to explore planning ahead for healthcare needs. Some things we will learn in this presentation are:

What is an Advance Directive?

What is a POLST?

What are some things to think about to prepare for my healthy future and for care at end of life?

August 2024 – Daycare

Friday, August 9th 6:30 PM – 8:00 PM

Register here: <https://us06web.zoom.us/meeting/register/tZYuf-qtqDgtGtJgHOI7TJ1RtKpUDyoJbi9z>

Daycare reimbursements allow for families to supplement costs when a day care charges additional fees. Some things we will learn in this presentation are:

How to qualify for daycare reimbursement.

How much will the service pay for?

What is needed to request the daycare reimbursement service?

September 2024 – Your Rights

Friday, September 13th 6:30 PM – 8:00 PM

Register here: <https://us06web.zoom.us/meeting/register/tZ0sdOmgpz4qGNQY9xD6nIv-X3M4F5h0O07U>

For all services you have rights – This presentation will review some of the basic rights and resources. Some things we will learn in this presentation are:

How do I access advocacy support?

What are basic rights I have?

What can I ask for when it comes to the Regional Center and how they provide my IPP?

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October 2024 – Employment Options

Friday, October 11th 6:30 PM – 8:00 PM

Register here: https://us06web.zoom.us/meeting/register/tZIkfuGsqqkqHtQk_9VOyHxd4cKWPwSB5YEep

Employment options explore how to move forward and prepare for the job field and what services can help! Some things we will learn in this presentation are:

- What are the first steps if I am interested in employment?
- What services are available to help me with employment?
- What do I do if I am not ready to have a job right away?

November 2024 – Crisis Supports

Friday, November 8th 6:30 PM – 8:00 PM

Register here: <https://us06web.zoom.us/meeting/register/tZEpcOCvrzsuH9MYqdiHJ15DoMD9KkyOGZ3O>

Crisis support services are available for those who have difficulty maintaining safety for themselves. Some things we will learn in this presentation are:

- What are crisis support services?
- Who can most benefit from this service?
- What can I expect from the crisis support teams?

December 2024 – Conservatorship & Conservatorship Alternatives

Friday, December 13th 6:30 PM – 8:00 PM

Register here: https://us06web.zoom.us/meeting/register/tZYldOygpzsqGNVGnszKeqxFSj_y5AKydkpq

Conservatorship allows one to be able to make legal decisions on behalf of another. Some things we will learn in this presentation are:

- What can a conservatorship offer?
- What are alternatives to a conservatorship?
- How can I support my loved one who may need help with decisions?

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