

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Explanations for the data in this spreadsheet can be found at the bottom.</small>	<small>Note:</small> AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
Surveys Completed	14621	8032	409
Demographics			
Family Member Lives At Home With Respondent			
Yes	Data not provided	100%	100%
No	Data not provided	0%	0%
More Than One Person With I/DD Lives In Household			
Yes	16%	18%	14%
No	84%	82%	86%
Family Member's Age			
Mean	33	34	33
Family Member's Gender			
Male	62%	59%	61%
Female	38%	40%	38%
Other	0%	0%	1%
Family Member's Disabilities			
Intellectual disability	59%	61%	64%
Mood disorder/psychiatric diagnosis	20%	21%	19%
Autism spectrum disorder	38%	38%	40%
Cerebral palsy	17%	16%	16%
Limited or no vision (legally blind)	9%	8%	8%
Hearing loss (severe or profound)	6%	5%	7%
Brain injury	10%	8%	6%
Seizure/neurological disorder	22%	23%	22%
Chemical dependency	1%	1%	1%
Down syndrome	15%	14%	16%
Prader-Willi syndrome	1%	1%	0%
Fetal alcohol spectrum disorder (FASD)	1%	1%	1%
Other disabilities	14%	16%	14%
Family Member's Health Conditions			
Cardiovascular disease	10%	8%	13%

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Diabetes	18%	17%	21%
Cancer	5%	4%	3%
High blood pressure	28%	26%	23%
High cholesterol	29%	28%	31%
Dysphagia	8%	6%	6%
Pressure ulcers	2%	1%	0%
Alzheimer's disease	3%	2%	2%
Oral health	14%	12%	14%
Sleep apnea	18%	17%	21%
Asthma	Not on FY 19/20	18%	15%
Other pulmonary diagnosis	Not on FY 19/20	5%	4%
Chronic kidney disease	Not on FY 19/20	3%	3%
Long-term health problems associated with COVID-19	Not on FY 19/20	1%	0%
Other health conditions	24%	26%	25%
Family Member's Race and Ethnicity			
American Indian or Alaska Native	2%	2%	2%
Asian	16%	15%	26%
Black or African-American	9%	8%	4%
Pacific Islander	1%	1%	1%
White	43%	38%	37%
Hispanic/Latino	37%	41%	37%
Other	2%	2%	2%
Prefer not to say	Not on FY 19/20	3%	3%
Family Member's Preferred Language			
English	74%	70%	68%
Spanish	14%	17%	19%
Chinese (including Mandarin, Cantonese, and Hokkien)	1%	1%	1%
Tagalog (including Filipino)	1%	1%	2%
Vietnamese	1%	1%	4%
American Sign Language	1%	0%	1%
Arabic	0%	0%	0%

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Armenian	0%	0%	0%
Farsi	0%	0%	0%
Hindi	Not on FY 19/20	0%	1%
Hmong	0%	0%	0%
Japanese	Not on FY 19/20	0%	1%
Khmer	0%	0%	0%
Korean	0%	0%	1%
Laotian	0%	0%	0%
Russian	0%	0%	0%
Other	8%	9%	3%

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Family Member's Preferred Means of Communication			
Spoken	81%	82%	81%
Gestures/body language	11%	10%	13%
Sign language or finger spelling	2%	1%	2%
Communication aid/device	1%	1%	2%
Other	5%	5%	2%
Family Member's Level of Guardianship			
Does not have a guardian/conservator	40%	41%	32%
Limited guardianship	55%	24%	36%
Full guardianship	N/A	24%	21%
Has guardian/conservator (unclear if full or limited)	Not on FY 19/20	5%	4%
Don't know	5%	6%	7%
Family Member's Relationship to Guardian			
Family	55%	52%	63%
Friend	0%	0%	0%
Employee of state or guardianship agency	0%	0%	1%
Other	0%	2%	1%
Not applicable – person doesn't have a legal/court-appointed guardian	43%	46%	35%
Family Member's Highest Level of Education			
Did not complete high school – not currently in school	19%	19%	24%
Currently enrolled in high school	3%	3%	3%
High school certificate (not a high school diploma/GED)	35%	34%	34%
High school diploma/GED	23%	26%	17%
Vocational school or certificate program	5%	4%	5%
Some college	9%	8%	8%
College degree or higher	6%	6%	8%
Level of Support Needed for Self-Injurious, Disruptive, or Destructive Behavior			
No support needed	51%	51%	48%
Some support needed	30%	30%	30%
Extensive support needed	19%	19%	22%

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Level of Support Needed with Daily Personal Care Activities			
No support needed	29%	27%	24%
Some support needed	35%	36%	36%
Extensive support needed	36%	37%	40%
Level of Support Needed with Other Daily Activities			
No support needed	9%	8%	7%
Some support needed	26%	27%	21%
Extensive support needed	65%	65%	72%
Respondent's Language Spoken At Home			
English	68%	64%	61%
Spanish	19%	24%	23%
Chinese (including Mandarin, Cantonese, and Hokkien)	1%	2%	2%
Tagalog (including Filipino)	1%	1%	2%
Vietnamese	1%	1%	5%
American Sign Language	0%	0%	1%
Arabic	0%	0%	0%
Armenian	0%	0%	0%
Farsi	0%	0%	0%
Hindi	Not on FY 19/20	0%	0%
Hmong	0%	0%	0%
Japanese	Not on FY 19/20	0%	0%
Khmer	0%	0%	0%
Korean	Not on FY 19/20	1%	1%
Laotian	0%	0%	0%
Russian	0%	0%	0%
Other	7%	6%	2%
Age of Respondent			
Under 35	6%	9%	8%
35 - 54	24%	25%	21%
55 - 74	60%	55%	60%
75 or older	10%	11%	10%

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Respondent's Overall Health			
Excellent	17%	11%	12%
Very good	45%	30%	31%
Good	Not on FY 19/20	37%	38%
Fair (FY 19/20 Fairly Good)	32%	18%	17%
Poor	6%	3%	3%
Respondent's Relationship to Family Member			
Parent (biological, adoptive, or foster)	86%	84%	85%
Sibling	8%	7%	7%
Spouse	0%	0%	1%
Grandparent	2%	2%	1%
Other	4%	6%	6%

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Family Provides Paid Support			
Yes, respondent does	40%	39%	42%
Yes, another family member does	13%	16%	20%
No	49%	49%	44%
Number of Adults in the Household			
1 adult	8%	8%	9%
2 adults	27%	26%	25%
3 adults	42%	40%	40%
4+ adults	24%	26%	26%
Number of Children in the Household			
1 child	11%	12%	11%
2 children	5%	4%	5%
3 children	2%	2%	2%
4+ children	1%	1%	1%
None	82%	81%	82%
Respondent's Highest Level of Education			
No high school diploma/GED	16%	18%	15%
High school diploma/GED	19%	20%	18%
Vocational school or certificate program	6%	6%	5%
Some college	23%	21%	22%
College degree or higher	35%	35%	41%
Services Paid for Out-of-Pocket			
Afterschool care	5%	2%	4%
Behavior therapy	4%	3%	2%
Educational expenses	11%	6%	8%
Medical and/or dental expenses	62%	33%	40%
Other therapies (e.g. occupational, physical, group, music, equine therapy, etc.)	11%	6%	8%
Parent training	2%	1%	2%
Recreational activities and programs	39%	25%	28%
Respite services	13%	6%	8%

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Social skills training	6%	2%	4%
Speech therapy	3%	2%	3%
Transportation support	40%	20%	25%
Other	14%	6%	5%
None – does not pay out-of-pocket for services or therapies	Not on FY 19/20	46%	41%
Out-of-Pocket Expenses Last Year			
Nothing	35%	39%	34%
\$1 - \$1,999 (\$1 - \$100 on AFS FY 18/19)	8%	37%	40%
\$2,000 - \$5,999 (\$101 - \$1,000 on AFS FY 18/19)	28%	15%	15%
\$6,000 - \$11,999 (\$1,001 - \$10,000 on AFS FY 18/19)	24%	5%	6%
Over \$12,000 (Over \$10,000 on AFS FY 18/19)	4%	4%	5%
Household Income Last Year			
Up to \$15,000	8%	8%	8%
\$15,001 - \$25,000	11%	9%	8%
\$25,001 - \$50,000	19%	17%	11%
\$50,001 - \$75,000	11%	12%	12%
Over \$75,000	19%	17%	26%
No earned income	10%	14%	14%
Prefer not to say	22%	23%	20%
Residential Designation			
Urban or suburban (in or near a city or large town)	84%	81%	83%
Rural (outside of a city or town)	10%	11%	10%
Don't know	6%	8%	7%
Services and Supports Received from the Regional Center			
Financial support	12%	16%	20%
In-home support	34%	34%	40%
Out-of-home respite care	25%	23%	30%
Day/employment supports	54%	43%	45%
Transportation	49%	35%	35%
Mental/behavioral health care or other treatments or therapies	Not on FY 19/20	21%	22%
Self-direction/fiscal intermediary services	20%	19%	19%

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Other services/supports (Open ended response on survey)	20%	Data not provided	0%
Supports From Other Agencies (Non-Regional Center Services)			
Does your family/child receive Social Security benefits (SSI, survivor benefits, etc.)?			
Yes	85%	81%	82%
No	Data not provided	18%	17%
Don't know	Data not provided	1%	1%
Does your child get services or supports from other agencies or organizations (school services, vocational rehab, etc.)?			
Yes	27%	25%	31%
No	Data not provided	70%	64%
Don't know	Data not provided	5%	5%

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Information and Planning			
Do you get enough information to take part in planning services for your family member?			
Always	33%	26%	21%
Usually	34%	25%	30%
Sometimes	22%	21%	24%
Seldom/never	11%	11%	13%
Don't know	Data not provided	6%	5%
Does not apply -- I don't take part in planning	Data not provided	10%	8%
Is the information you get about services and supports easy to understand?			
Always	46%	30%	26%
Usually	39%	32%	38%
Sometimes	13%	22%	21%
Seldom/never	2%	5%	7%
Don't know	Data not provided	4%	3%
Does not apply -- I don't get information about services and supports	Data not provided	7%	6%
Do you get information about services and supports in your preferred language?			
Always (FY 19/20 Yes)	96%	71%	68%
Usually	Not on FY 19/20	11%	14%
Sometimes	Not on FY 19/20	7%	8%
Seldom/never (FY 19/20 No)	4%	6%	4%
Don't know	Data not provided	4%	5%
Does your regional center keep you informed, in your preferred language, about programs or services it offers?			
Yes	Not on FY 19/20	62%	56%
No	Not on FY 19/20	28%	33%
Don't know	Not on FY 19/20	9%	11%

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Does the case manager/service coordinator listen to your family's choices and opinions?			
Always	Not on FY 19/20	54%	49%
Usually	Not on FY 19/20	23%	25%
Sometimes	Not on FY 19/20	11%	11%
Seldom/never	Not on FY 19/20	6%	6%
Don't know	Not on FY 19/20	4%	4%
Does not apply -- No case manager/service coordinator	Not on FY 19/20	2%	5%
Do you have enough information about other public services your family can get (e.g., food stamps, SSI, housing subsidies, etc.)?			
Always	32%	21%	16%
Usually	31%	21%	25%
Sometimes	19%	20%	21%
Seldom/never	17%	20%	19%
Don't know	Data not provided	12%	12%
Does not apply -- Not eligible for other public services	Data not provided	7%	7%
Do you need help planning for your family member's future in any of the following areas? Check all that apply			
Employment	39%	37%	36%
Financial	36%	35%	36%
Housing	48%	45%	57%
Legal	35%	33%	35%
Medical	34%	32%	41%
Social/relationships	35%	36%	36%
Transition from school	15%	14%	14%
Recreation/Having fun	40%	43%	42%
Other	9%	14%	12%
Has your family learned about alternatives to guardianship/conservatorship?			
Yes, family has learned about alternatives	Not on FY 19/20	40%	35%

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No, family has not learned about alternatives	Not on FY 19/20	40%	44%
Don't know	Not on FY 19/20	20%	21%
Does your family member have an Individual Program Plan (IPP)?			
Yes	80%	67%	64%
No	20%	17%	21%
Don't know	Data not provided	16%	15%
Does the plan include all the services and supports your family member needs?			
Yes	86%	57%	53%
No	14%	11%	10%
Don't know	Data not provided	11%	10%
Does not apply -- person does not have an IPP	Data not provided	21%	26%
Does your family member get all the services listed in the plan?			
Yes	88%	56%	55%
No	12%	11%	11%
Don't know	Data not provided	11%	8%
Does not apply -- person does not have an IPP	Data not provided	21%	26%

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Did you or someone else in your family (besides your family member with a disability) help make the plan?			
Yes	76%	59%	58%
No	24%	16%	12%
Don't know	Data not provided	4%	4%
Does not apply -- person does not have an IPP	Data not provided	21%	27%
Did your family member help make the plan?			
Yes	65%	48%	39%
No	35%	27%	31%
Don't know	Data not provided	4%	4%
Does not apply -- person does not have an IPP	Data not provided	21%	26%
Do you feel like your family had enough say or input in making the plan?			
Yes	Not on FY 19/20	61%	57%
No	Not on FY 19/20	9%	7%
Don't know	Not on FY 19/20	9%	9%
Does not apply -- person does not have an IPP	Not on FY 19/20	21%	27%
Did you get a copy of your family member's IPP in your preferred language?			
Yes	94%	70%	65%
No	6%	5%	7%
Don't know	Data not provided	3%	2%
Does not apply -- person does not have an IPP	Data not provided	21%	26%
Did your family member leave school services and begin adult services during the past 12 months?			
Yes	Not on FY 19/20	13%	13%
No	Not on FY 19/20	80%	80%
Don't know	Not on FY 19/20	7%	7%
If your family member left school services during the past 12 months, did your family member have a transition plan?			

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Yes	48%	8%	10%
No	52%	3%	1%
Don't know	Data not provided	1%	1%
Does not apply -- Did not transition out of school	Data not provided	88%	87%
If your family member had a transition plan, did the transition plan include getting or continuing work in a community job?			
Yes	50%	4%	5%
No	50%	3%	4%
Don't know	Data not provided	1%	1%
Does not apply -- Did not transition out of school or did not have a transition plan	Data not provided	92%	90%
Does your family member have enough supports to work or volunteer in the community (for example, support workers, community resources, transportation)?			
Yes	59%	31%	28%
No	41%	35%	34%
Don't know	Data not provided	12%	13%
Does not apply – Chooses not to work/volunteer in community	Data not provided	22%	25%
Individual Responses 5%+ Above FY 21/22 CA Average			11 out of 86
Individual Responses 5%- Below FY 21/22 CA Average			7 out of 86
Access and Delivery of Supports			
Are you or your family member able to contact support workers when you want?			
Always	51%	36%	32%
Usually	33%	25%	25%
Sometimes	11%	14%	17%
Seldom/never	5%	7%	9%
Don't know	Data not provided	7%	7%
Does not apply – No support workers	Data not provided	12%	11%

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Are you or your family member able to contact the case manager/service coordinator when you want?			
Always	52%	48%	47%
Usually	32%	27%	27%
Sometimes	11%	14%	16%
Seldom/never	5%	5%	5%
Don't know	Data not provided	3%	2%
Does not apply – No case manager/service coordinator	Data not provided	3%	4%
Do support workers come and go when they are supposed to?			
Always	60%	41%	35%
Usually	31%	20%	21%
Sometimes	6%	6%	6%
Seldom/never	3%	3%	4%
Don't know	Data not provided	6%	5%
Does not apply – No support workers	Data not provided	23%	28%

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Do services and supports change when your family's needs change?			
Always	35%	24%	21%
Usually	39%	22%	21%
Sometimes	16%	13%	13%
Seldom/never	9%	8%	9%
Don't know	Data not provided	11%	13%
Does not apply – Needs haven't changed	Data not provided	22%	24%
Do support workers speak to you in a way you understand?			
Always	72%	59%	54%
Usually	23%	16%	20%
Sometimes	4%	4%	4%
Seldom/never	1%	1%	2%
Don't know	Data not provided	2%	2%
Does not apply – No support workers	Data not provided	17%	18%
Do the support workers speak to you in your preferred language?			
Yes, they speak in preferred language	Not on FY 19/20	77%	73%
Yes, but only through a translator when one is available	Not on FY 19/20	2%	4%
No	Not on FY 19/20	2%	2%
Don't know	Not on FY 19/20	1%	1%
Does not apply – No support workers	Not on FY 19/20	17%	19%
Does your family member's case manager/service coordinator speak to you in your preferred language?			
Yes, they speak my preferred language	97%	91%	88%
Yes, but only through a translator when one is available	Not on FY 19/20	2%	3%
No	3%	2%	2%
Don't know	Not on FY 19/20	1%	2%
Does not apply – No case manager/service coordinator	Not on FY 19/20	4%	5%

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If your support workers and/or case manager/service coordinator do not speak to you in your preferred language is a translator provided when needed?			
Always	21%	31%	27%
Usually	16%	6%	5%
Sometimes	22%	4%	3%
Seldom/never	40%	4%	4%
Don't know	Data not provided	8%	7%
Does not apply – No support workers or case manager/service coordinator	Data not provided	48%	54%
Are services delivered in a way that is respectful of your family's culture?			
Always	78%	70%	68%
Usually	19%	14%	17%
Sometimes	3%	3%	2%
Seldom/never	1%	2%	2%
Don't know	Data not provided	11%	11%
Does your family member's case manager/service coordinator support you in a way that is respectful to your culture?			
Always	81%	75%	73%
Usually	16%	13%	15%
Sometimes	2%	2%	2%
Seldom/never	1%	1%	1%
Don't know	Data not provided	4%	4%
Does not apply – No support workers or case manager/service coordinator	Data not provided	5%	4%
Do support workers for your family members provide services in a way that is respectful of your culture?			
Always	Not on FY 19/20	64%	60%
Usually	Not on FY 19/20	12%	15%
Sometimes	Not on FY 19/20	2%	2%
Seldom/never	Not on FY 19/20	1%	1%

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Don't know	Not on FY 19/20	4%	3%
Does not apply – No support workers	Not on FY 19/20	17%	19%
If your family member does not communicate verbally (for example, uses gestures, sign language, or a communication aid), are there support workers who can communicate with your family member?			
Always	34%	5%	4%
Usually	31%	3%	5%
Sometimes	16%	2%	2%
Seldom/never	19%	3%	2%
Don't know	Data not provided	2%	3%
Does not apply – Communicates verbally	Data not provided	84%	84%

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Do support workers have the right information and skills to meet your family's needs?			
Always	49%	42%	37%
Usually	38%	25%	28%
Sometimes	10%	9%	10%
Seldom/never	3%	2%	1%
Don't know	Data not provided	5%	5%
Does not apply – No support workers	Data not provided	18%	19%
Do your family member's support workers change too often? Is there too much "turnover" of support workers?			
Yes	Not on FY 19/20	23%	24%
No	Not on FY 19/20	46%	44%
Don't know	Not on FY 19/20	10%	10%
Does not apply – No support workers	Not on FY 19/20	21%	22%
Is there always a staff person available to support your family member when support is needed?			
Yes	Not on FY 19/20	57%	55%
No	Not on FY 19/20	15%	18%
Don't know	Not on FY 19/20	14%	13%
Does not apply – Do not need support	Not on FY 19/20	14%	14%
Does your family member have the special equipment or accommodations that they need?			
Always	52%	21%	24%
Usually	30%	9%	10%
Sometimes	10%	4%	3%
Seldom/never	8%	4%	4%
Don't know	Data not provided	4%	4%
Does not apply – No equipment or accommodations needed	Data not provided	59%	55%
Does your family member use technology in their everyday life to help them do things on their own?			

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
Yes	Not on FY 19/20	33%	34%
No	Not on FY 19/20	61%	61%
Don't know	Not on FY 19/20	6%	6%
Is there a computer, tablet (for example an iPad), or smartphone that your family can use in your home?			
Yes	Not on FY 19/20	89%	90%
No	Not on FY 19/20	10%	9%
Don't know	Not on FY 19/20	1%	1%
How well does the internet work in your home?			
Internet always works, the connection is good	Not on FY 19/20	71%	74%
Internet sometimes works, the connection is sometimes good	Not on FY 19/20	22%	22%
Internet rarely or never works, connection is bad or do not have internet in home	Not on FY 19/20	4%	2%
Don't know	Not on FY 19/20	3%	2%
Can you get respite services when needed?			
Always	42%	22%	24%
Usually	22%	14%	14%
Sometimes	17%	10%	11%
Seldom/never	20%	12%	14%
Don't know	Data not provided	15%	17%
Does not apply – Do not need respite services	Data not provided	27%	20%
If you have used respite services in the past 12 months, were you satisfied with the quality of the respite services?			
Always	65%	29%	32%
Usually	22%	9%	12%
Sometimes	7%	4%	5%
Seldom/never	6%	4%	4%
Don't know	Data not provided	2%	3%
Does not apply – Have not received or did not have access to respite services in past 12 months	Data not provided	52%	45%
Does your family get the supports and services it needs?			

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note:</small> <small>Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
Yes	77%	61%	58%
No	Data not provided	23%	26%
Don't know	Data not provided	16%	16%

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
If no, what additional services does your family need? Check all that apply			
Respite	43%	45%	54%
Regularly scheduled support for family member	28%	36%	44%
Homemaker services	18%	18%	20%
Home and/or vehicle modifications	12%	15%	20%
Counseling	26%	27%	20%
Family-to-family networks	15%	15%	17%
Support/training to use family member's assistive technology	16%	18%	12%
Other	39%	34%	20%
Individual Responses 5%+ Above FY 21/22 CA Average			5 out of 122
Individual Responses 5%- Below FY 21/22 CA Average			8 out of 122
Choice, Decision-making, and Control			
Can someone in your family choose or change the provider agency that provides your family member's services?			
Always	49%	30%	29%
Usually	29%	12%	13%
Sometimes	9%	5%	4%
Seldom/never	13%	6%	7%
Don't know	Data not provided	30%	31%
Does not apply – Do not use provider agency services	Data not provided	18%	15%
Can someone in your family choose or change your family member's support workers?			
Always	50%	27%	24%
Usually	28%	11%	13%
Sometimes	10%	5%	6%
Seldom/never	12%	7%	8%
Don't know	Data not provided	24%	25%
Does not apply – Services do not include support workers	Data not provided	26%	24%

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
Can someone in your family directly manage support staff?			
Always	46%	28%	26%
Usually	21%	10%	12%
Sometimes	10%	4%	4%
Seldom/never	23%	6%	7%
Don't know	Data not provided	18%	18%
Does not apply – Services do not include support staff	Data not provided	34%	33%
Do service providers for your family member work together to provide support?			
Yes	79%	41%	42%
No	Data not provided	11%	12%
Don't know	Data not provided	18%	15%
Does not apply – Only one service provider	Data not provided	31%	31%
Did you, your family member, or someone else in your family choose your family member's case manager/service coordinator?			
Yes	17%	13%	12%
No, didn't choose but can change case manager/service coordinator if wanted	67%	43%	39%
No, didn't choose and cannot change case manager/service coordinator if wanted	16%	13%	17%
Don't know	Data not provided	22%	24%
Does not apply – No case manager/service coordinator	Data not provided	8%	8%
Individual Responses 5%+ Above FY 21/22 CA Average			0 out of 27
Individual Responses 5%- Below FY 21/22 CA Average			0 out of 27
Community Participation			
Does your family member do things in the community?			
Yes	79%	74%	70%
No	Data not provided	24%	28%
Don't know	Data not provided	2%	2%

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
For your family member, what makes it hard to do things in the community? Check all that apply			
Lack of transportation	17%	20%	21%
Cost	16%	18%	16%
Lack of support staff	15%	18%	24%
Stigma (negative attitude or reaction in the community)	13%	13%	13%
Other	23%	24%	27%
Does not apply – Nothing makes it hard to participate in activities in the community	Data not provided	37%	32%
Does your family member have friends other than paid support workers or family?			
Yes	58%	51%	45%
No	Data not provided	43%	49%
Don't know	Data not provided	6%	7%

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
In your community, are there resources or support that your family member can use that are not provided by the regional center?			
Yes	75%	46%	45%
No	Data not provided	22%	24%
Don't know	Data not provided	32%	31%
Does your family take part in any family-to-family networks in your community?			
Yes	19%	15%	18%
No	Data not provided	69%	68%
Don't know	Data not provided	8%	8%
Does not apply – None in my community	Data not provided	9%	6%
Individual Responses 5%+ Above FY 21/22 CA Average			2 out of 19
Individual Responses 5%- Below FY 21/22 CA Average			2 out of 19
Health and Safety			
Can your family member see a primary care provider (doctor, registered nurse, etc.) when needed?			
Always	70%	70%	67%
Usually	23%	17%	20%
Sometimes	5%	6%	5%
Seldom/never	2%	4%	4%
Don't know	Data not provided	4%	4%
Does your family member's primary care provider understand your family member's needs related to their disability?			
Always	61%	57%	54%
Usually	29%	25%	28%
Sometimes	8%	10%	9%
Seldom/never	2%	3%	3%
Don't know	Data not provided	4%	4%
Does not apply – No primary care provider	Data not provided	2%	2%

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Explanations for the data in this spreadsheet can be found at the bottom.</small>	<small>Note:</small> AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
Can your family member go to the dentist when needed?			
Always	62%	62%	60%
Usually	22%	17%	17%
Sometimes	8%	10%	11%
Seldom/never	7%	8%	10%
Don't know	Data not provided	3%	2%
Does your family member's dentist understand your family member's needs related to their disability?			
Always	62%	54%	52%
Usually	26%	21%	22%
Sometimes	8%	9%	9%
Seldom/never	4%	4%	4%
Don't know	Data not provided	7%	6%
Does not apply – No dentist	Data not provided	6%	7%
Can your family member get mental or behavioral health supports when needed?			
Always	Not on FY 19/20	32%	29%
Usually	Not on FY 19/20	15%	15%
Sometimes	Not on FY 19/20	8%	9%
Seldom/never	Not on FY 19/20	19%	21%
Don't know	Not on FY 19/20	27%	25%
Does your family member's mental or behavioral health professional understand your family member's needs related to their disability?			
Always	Not on FY 19/20	31%	29%
Usually	Not on FY 19/20	15%	21%
Sometimes	Not on FY 19/20	7%	7%
Seldom/never	Not on FY 19/20	3%	3%
Don't know	Not on FY 19/20	7%	6%
Does not apply – No mental or behavioral health professional	Not on FY 19/20	37%	35%

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
If your family member takes prescription medications, do you know what they're for?			
Always	89%	68%	65%
Usually	7%	6%	8%
Sometimes	2%	3%	2%
Seldom/never	1%	2%	2%
Don't know	Data not provided	4%	4%
Does not apply – Does not take prescription medications	Data not provided	18%	19%
Do you, your family member, or someone else in your family know what is needed to safely take the prescription medications?			
Always	88%	71%	70%
Usually	10%	7%	8%
Sometimes	1%	2%	2%
Seldom/never	1%	1%	1%
Don't know	Data not provided	1%	1%
Does not apply – Does not take prescription medications	Data not provided	19%	20%

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
If you asked for crisis or emergency services during the past 12 months, were services provided when needed?			
Yes	47%	17%	17%
No	Data not provided	13%	13%
Don't know	Data not provided	3%	4%
Does not apply – Did not ask for these services	Data not provided	67%	66%
Do you feel prepared to handle the needs of your family member in an emergency such as a medical emergency, pandemic or natural disaster?			
Yes	83%	80%	78%
No	Data not provided	10%	10%
Don't know	Data not provided	10%	12%
Have you talked about how to handle emergencies (such as a medical emergency, pandemic or natural disaster) with your family member's case manager/service coordinator?			
Yes	55%	47%	41%
No	Data not provided	44%	49%
Don't know	Data not provided	9%	10%
Do you believe your plans for how to handle your family members needs during a natural disaster (such as a wildfire or earthquake) will be effective?			
Yes	Not on FY 19/20	57%	54%
No	Not on FY 19/20	6%	6%
Don't know	Not on FY 19/20	25%	26%
Does not apply – Do not have a plan	Not on FY 19/20	12%	14%
What else do you need to make an effective plan? Do you need more information about any of the following? Check all that apply			
Location of evacuation sites/shelters	Not on FY 19/20	63%	68%
Evacuation routes	Not on FY 19/20	43%	47%
Public safety power shut off information (PSPS)	Not on FY 19/20	36%	36%

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
Locations of community resource centers (providing PSPS temporary resources)	Not on FY 19/20	45%	47%
More information on what I need for life sustaining equipment I use	Not on FY 19/20	21%	23%
Key people to contact	Not on FY 19/20	39%	47%
How to reach my regional center in an emergency	Not on FY 19/20	46%	48%
How to reach my support workers in an emergency	Not on FY 19/20	29%	34%
How to get additional emergency supplies	Not on FY 19/20	47%	49%
How to prepare an emergency supply kit	Not on FY 19/20	39%	40%
How to sign up for emergency alerts	Not on FY 19/20	33%	39%
Important personal documents to have ready	Not on FY 19/20	35%	41%
Other	Not on FY 19/20	7%	7%
Do you know how to file a complaint or grievance about provider agencies or staff?			
Yes	51%	38%	32%
No	Data not provided	43%	45%
Don't know	Data not provided	19%	23%
If a complaint or grievance was filed or resolved in the past 12 months, are you satisfied with the way it was handled?			
Yes	54%	4%	5%
No	Data not provided	7%	6%
Don't know	Data not provided	4%	4%
Does not apply – No complaint or grievance filed or resolved in the past 12 months	Data not provided	85%	85%
Do you know what to do if you disagree with your regional center about services and/or eligibility? (For example, how to request a Fair Hearing)			
Yes	Not on FY 19/20	45%	35%
No	Not on FY 19/20	31%	34%
Don't know	Not on FY 19/20	24%	31%
Do you know how to report abuse or neglect related to your family member?			

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
Yes	72%	66%	57%
No	Data not provided	21%	26%
Don't know	Data not provided	13%	17%
Within the past 12 months, was a report of abuse or neglect filed on behalf of your family member?			
Yes	2%	1%	1%
No	Data not provided	95%	95%
Don't know	Data not provided	3%	4%

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note:</small> <small>Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
If yes, if someone outside of your family reported abuse or neglect, were you notified of the report in a timely manner?			
Yes	62%	1%	0%
No	Data not provided	0%	0%
Don't know	Data not provided	0%	0%
Does not apply – No abuse or neglect reported in the past 12 months by someone else	Data not provided	99%	99%
Individual Responses 5%+ Above FY 21/22 CA Average			9 out of 92
Individual Responses 5%- Below FY 21/22 CA Average			4 out of 92
Satisfaction			
Overall, are you satisfied with the services and supports your family member currently receives?			
Always	41%	45%	37%
Usually	40%	33%	40%
Sometimes	14%	15%	17%
Seldom/never	4%	5%	4%
Don't know	Data not provided	3%	2%
Do you feel that services and supports have made a positive difference in the life of your family member?			
Yes	93%	84%	86%
No	Data not provided	7%	7%
Don't know	Data not provided	9%	8%
Have services and supports reduced your family's out-of-pocket expenses for your family member's care?			
Yes	72%	55%	65%
No	Data not provided	29%	22%
Don't know	Data not provided	15%	13%
Have the services or supports that your family member received during the past 12 months been reduced, suspended, or terminated?			

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
Yes	Not on FY 19/20	19%	18%
No	Not on FY 19/20	70%	75%
Don't know	Not on FY 19/20	11%	7%
If yes, did the reduction, suspension, or termination of these services or supports affect your family member negatively?			
Yes	74%	15%	13%
No	Data not provided	4%	4%
Don't know	Data not provided	2%	2%
Does not apply – Services/supports not reduced, suspended, or terminated in past 12 months	Data not provided	79%	81%
Have the services or supports that your family member received been increased in the past 12 months?			
Yes	23%	20%	27%
No	Data not provided	66%	61%
Don't know	Data not provided	14%	12%
Are services and supports helping your family member to live a good life?			
Yes	92%	78%	82%
No	Data not provided	9%	7%
Don't know	Data not provided	13%	11%
Individual Responses 5%+ Above FY 21/22 CA Average			4 out of 24
Individual Responses 5%- Below FY 21/22 CA Average			3 out of 24
COVID Questions			
Were your family member's services and supports changed, canceled, or reduced during COVID time?			
Yes	Not on FY 19/20	56%	57%
No	Not on FY 19/20	39%	38%
Don't know	Not on FY 19/20	6%	5%

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note:</small> <small>Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
If yes, are those changes still in effect (still part of your family member's life)?			
All changes, cancellations, or reductions are still in place	Not on FY 19/20	15%	14%
Some changes, cancellations, or reductions are still in place	Not on FY 19/20	30%	29%
All services have gone back to the way they were prior to COVID time	Not on FY 19/20	11%	13%
Don't know	Not on FY 19/20	3%	2%
Does not apply – Services/supports not changed, canceled, or reduced during COVID time	Not on FY 19/20	42%	41%

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
If some or all of your family member's services have reopened or restarted: Did your family get enough information about services reopening/restarting?			
Yes, got enough information	Not on FY 19/20	22%	24%
Got enough information about some services	Not on FY 19/20	9%	10%
No, did not get enough information	Not on FY 19/20	7%	8%
Don't know	Not on FY 19/20	2%	1%
Does not apply – Services/supports not changed, canceled, or reduced during COVID time or all changes/cancellations/reductions are still in place	Not on FY 19/20	60%	57%
If some or all of your family member's services have reopened or restarted: Do you feel that service providers are following COVID-19 safety precautions?			
Yes, safety precautions are being followed and family member will be safe	Not on FY 19/20	31%	32%
Some safety precautions are being followed, or some services are following safety precautions	Not on FY 19/20	5%	6%
No, do not feel safety precautions are being followed and family member will not be safe	Not on FY 19/20	1%	1%
Don't know	Not on FY 19/20	3%	4%
Does not apply – Services/supports not changed, canceled, or reduced during COVID time or all changes/cancellations/reductions are still in place	Not on FY 19/20	60%	57%
If staff come into your home to support your family member: Do you feel that the staff follow recommendations to keep the household safe and healthy?			
Yes	Not on FY 19/20	75%	68%
Sometimes	Not on FY 19/20	3%	4%
No	Not on FY 19/20	3%	4%
Don't know	Not on FY 19/20	19%	24%
Do you feel that the people in your household have the personal protective equipment (PPE) they need to stay healthy and safe when going out in the community?			

ADULT FAMILY SURVEY (AFS) FY 21/22 NATIONAL CORE INDICATORS <small>Note: Explanations for the data in this spreadsheet can be found at the bottom.</small>	AFS FY 19/20 CA Average	AFS FY 21/22 CA Average	SARC
Yes	Not on FY 19/20	89%	90%
Sometimes	Not on FY 19/20	4%	2%
No	Not on FY 19/20	2%	2%
Don't know	Not on FY 19/20	2%	3%
Does not apply – haven't started going out in the community	Not on FY 19/20	3%	3%
In preparation for the future, have you made or updated an emergency plan with your family member's case manager or with other staff?			
Yes	Not on FY 19/20	29%	22%
Maybe	Not on FY 19/20	6%	6%
No	Not on FY 19/20	53%	60%
Don't know	Not on FY 19/20	11%	12%
Individual Responses 5%+ Above FY 21/22 CA Average			2 out of 31
Individual Responses 5%- Below FY 21/22 CA Average			2 out of 31
<p>1 NCI CA average in blue is significantly above the NCI national average; NCI CA Average in orange is significantly below the NCI national average; NCI CA average in black is either within the weighted NCI national average or a question that was not tested for significance.</p> <p>NCI CA Average percentage was compared to the weighted NCI national average , and the differences between the two were tested for both statistical significance as well as effect sizes. Effect sizes are used in addition to statistical significance because statistical significance of a state's result depends in part on the size of the state's sample—the larger the sample, the more likely it is that even a small difference will be found statistically significant. A statistically</p>			
2 Data not provided represents data that was not calculated for the FY 19/20, as only the positive response options were shown and/or			
3 Not on FY 19/20 respresents response options and/or questions that were not included on the FGS FY 19/20 survey tool			