

Child, Adult, and Guardian Family Surveys FY 21/22

National Core Indicators

What are these surveys?

- The National Core Indicators are a series of measures that are tracked to report on the state of IDD services across the country, currently in 48 states and the District of Columbia.
- These are various surveys, conducted on a regular schedule, using a random sample of individuals pulled from the regional centers' databases. State Council on Developmental Disabilities is contracted to deliver the survey.
- For Fiscal Year 21/22, NCI conducted the Adult Family Survey (for adults living with family), the Family Guardian Survey (for adults living outside of the family home), and the Child Family Survey (for children's parent or guardian).
- Overall, just over 1,000 SARC families responded to the surveys.

Key takeaways: Demographics

- Mean Age:
 - Adult in family home: 33
 - Adult outside the family home: 41
 - Children (100% of respondents resided in family home): 10
- Gender
 - Adult in family home: 62% male, 38% female
 - Adult outside the family home: 61% male, 39% female
 - Children: 71% male, 29% female

Key takeaways: Eligible conditions

Survey Group	Intellectual Disability	Autism Spectrum Disorder	Epilepsy	Cerebral Palsy	Other
Adults in Family Home	64%	40%	22%	16%	21%
Adults Outside Family Home	70%	39%	30%	13%	19%
Children	28%	76%	10%	5%	16%

Conditions of note:

Fetal alcohol spectrum disorder: 0% children, 1% adults

Traumatic Brain Injury: 3% children, 6-9% adults

Key takeaways: Co-morbid Conditions

Survey Group	Psychiatric/Mood Disorders	Substance Dependency	Blind	Deaf/Hard of Hearing
Adults in Family Home	19%	1%	8%	7%
Adults Outside Family Home	24%	1%	7%	5%
Children	8%	0%	4%	2%

Key takeaways: Medical needs

- One-quarter to one-third of adults have high cholesterol.
- One-fifth of adults have diabetes.
- Between 20% to 25% of all groups surveyed have sleep apnea.
- Over one-quarter of children surveyed have asthma.
- There was no notable variability in medical needs between adults in or outside of the family home.

Key takeaways: Language changes

- Families of children were 90% English-speaking across California in Fiscal Year 18/19; this year they were 73% statewide and 71% within SARC.
- Only 2% of adults outside the home prefer Spanish, versus 19% within the family home and 20% of families of children surveyed.
- 4% of adults in the family home prefer Vietnamese, versus 1% outside the family home and 2% of children.
- No adults outside the home prefer Chinese, versus 1% of adults in the family home and 2% of children.

Key takeaways: Needs

Survey Group	Behavioral	Self-Care	Other Daily Living
Adults in Family Home	52%	76%	93%
Adults Outside Family Home	60%	73%	97%
Children	76%	94%	N/A

Note: All measures remained consistent from the last survey (FY 18/19)

Key takeaways: Services received from SARC

Survey Group	Financial	In-Home	Residential or out-of-home respite	Day or employment or Early intervention	Transport	Behavioral Health	Fiscal intermediary or Self-Determination	Other
Adults in Family Home	20%	40%	30%	45%	35%	22%	19%	0%
Adults Outside Family Home	41%	45%	65%	65%	56%	39%	17%	0%
Children	15%	32%	32%	0%	4%	15%	17%	0%

Note: All measures increased from the last survey (FY 18/19)