

## Information Regarding Day Programs & Transportation In-Person Services

**Disclaimer: This information is guidance only. Each provider is responsible for understanding and complying with their county directives. Prior to resuming in-person services, each provider will be responsible for submitting to San Andreas Regional Center their Safety Plan and a copy of the Social Distancing Protocol if this was required by their County.**

The Counties of Santa Clara, Monterey, Santa Cruz, and San Benito informed that they have lifted their restriction on adult day programs providing in person services. These Counties are applying the "[Essential Critical Infrastructure Workers](#)" designation which was issued as guidance for day programs.

### Information from Community Care Licensing Regarding Licensed Day Programs

All Community Care Licensed (CCL) adult day programs (ADP) must comply with all Provider Information Notice (PIN) requirements from CCL. The below PIN review the CCL requirements for ADP.

1. [PIN 20-33-ASC](#) - Face Covering Requirements, Prevention Measures, Containment Measures, Isolation Procedures, Mitigation Strategies, Reopening Strategies, Visitation and Activity Limitations
2. [PIN 21-21-ASC](#) – ADP Operations and Vaccinations
3. [PIN 20-48-ASC](#) - Mitigation Plan Report and Training
4. [PIN 20-23-ASC](#), [PIN 20-38-ASC](#), and [PIN 21-17-ASC](#) - Testing, Visitation, Infection Prevention and Control, Face Coverings

### Information from the Centers for Disease Control & Prevention (CDC)

Programs must review Centers for Disease Control & Prevention:

1. [Guidance for Adult Day Services](#)
2. [Guidance for Transportation](#)
3. [Workplace and Businesses Guidance](#)

### Information from the State of California

- **CAPACITY LIMITATIONS** – All businesses must limit the number of people in a facility and work area at any time to ensure they can easily maintain a minimum six-foot distance from one another at all times.
- **SAFETY PRACTICES** – All businesses must provide hand sanitizer, soap and water, or effective disinfectant at or near the entrance of the facility and in other appropriate areas. All businesses must regularly clean and disinfect all high-touch surfaces. All businesses must require staff and individuals to wear face coverings in accordance with [State Face Covering Requirements](#) and maintain at least 6 feet from others at all times to the extent possible.
- **SIGNAGE** – All businesses must post a sign at the entrance of the facility informing people that they should: avoid entering the facility if they have a cough or fever; maintain a minimum six-foot distance from one another; sneeze and cough into one's elbow; not shake hands or engage in any unnecessary physical contact.
- **COVID SCREENING** – All businesses must implement individual control measures and screenings and disinfecting protocols. All employees must be trained on how to limit the spread of COVID-19, including how to screen themselves for symptoms and stay home if they have them.

## Information from the San Andreas Regional Center

- SAFETY PLANS - All day program and transportation service providers providing any in-person services must develop and implement a Safety Plan utilizing person-centered language. Plans must be sent to [soe@sarc.org](mailto:soe@sarc.org) and must include your vendor name and vendor number.
  - The Safety Plan must provide program specific information regarding:
    - Protocols and procedures for social distancing
    - Personal Protective Equipment (PPE)
    - Personal hygiene
    - Staff training
    - Individual training
    - Site occupancy limits
    - Transportation, including social distancing and mask wearing during transportation
    - Meals, including outdoor dining, social distancing, staggered mealtimes
    - Staffing
    - Visitors
    - Activities
    - Facility cleaning
    - Staff and individual screening
    - Protocols when an individual or staff shows symptoms or tests positive
    - Communication with stakeholders
  - Safety Plans can include supporting documentation such as the provider's County Social Distancing Protocol and other pertinent documents. Safety Plans must be individualized for the service type in order to address the needs of the individuals served.
  - San Andreas Regional Center will not approve Safety Plans, only receive and file Safety Plans.
- INTERDISCIPLINARY TEAM MEETING - If a provider is ready to offer in-person services, the day program must meet with the individual and their circle of support to discuss if the individual is interested in and comfortable with in-person services, what those services will look like, and the schedule for such services. The meeting must include any residential facility or supported living program as applicable.
- INDIVIDUALS WHO ARE MEDICALLY FRAGILE - The [March 12, 2020 DDS Directive](#) remains in effect, prohibiting individuals to attend day services outside the home if they have compromised immune systems, are more susceptible to respiratory illness, or reside in the following home types:
  - Adult Residential Facilities for Persons with Special Health Care Needs
  - Intermediate Care Facilities/Developmentally Disabled-Nursing
  - Intermediate Care Facilities/Developmentally Disabled-Continuous Nursing

## Information from Santa Clara County

- SOCIAL DISTANCING PROTOCOL - All business, including site-based day programs, community-based day programs, tailored day services, and transportation programs, are required to complete, submit, and implement the Revised Social Distancing Protocol for each program to mitigate risk.
  - The Revised Social Distancing Protocol must be completed and submitted online at [www.COVID19Prepared.org](http://www.COVID19Prepared.org). The provider signs under penalty of perjury.
  - A copy of the Social Distancing Protocol must be sent to [soe@sarc.org](mailto:soe@sarc.org).
  - The protocol includes signage, training, screening, personal hygiene, facility cleaning, etc.
  - Businesses must submit a Revised Social Distancing Protocol even if they previously submitted an original Social Distancing Protocol under the July 2 Health Officer Order.

- **CAPACITY LIMITATIONS** - All businesses must comply with the County's [Mandatory Directive on Capacity Limitations](#) (revised 3/24/2021) which specifies how to calculate any applicable capacity limitations. You may also visit [www.sccgov.org/covidcapacity](http://www.sccgov.org/covidcapacity) for information on how to calculate any applicable capacity limitation for your facility. Please note, unless otherwise specified by the State, the capacity limitations only apply in areas open to the public.
- **SAFETY PRACTICES** – All individuals, businesses, and entities in Santa Clara County must follow the [Revised Risk Reduction Order](#).
- **INDOOR BREAKROOMS** - The County Health Officer strongly recommends that all indoor breakrooms in workplaces remain closed except to use appliances such as coffee makers, refrigerators, or microwaves, or for employees to use alone for other needs provided by law such as lactation. Guidance can be found here: [Employee Breakroom Guidance](#).
- **COVID TESTING** – The County's "[Businesses & Workplaces](#)" guidance recommends that, if the workplace is a "High-Risk Setting" (i.e., one where workers are at a high risk for exposure to COVID-19 due to frequent face-to-face interaction with members of the public and inability to maintain physical distancing at work), workers should get tested at least every 30 days.
- **QUESTIONS** - The [Public Health Order Frequently Asked Questions](#) page has been updated extensively and remains an excellent resource.

#### **Information from Monterey County**

- **GENERAL** - Monterey County's restrictions are in line with the State of California and Department of Social Services/Community Care Licensing. Additional information can be found on the [Monterey County Public Health website](#).

#### **Information from Santa Cruz County**

- **SOCIAL DISTANCING PROTOCOL** - All business, including site-based day programs, community-based day programs, tailored day services, and transportation programs, are required to complete, submit, and implement the [Social Distancing Protocol](#) for each program to mitigate risk.
- **SIGNAGE** – Businesses are encouraged to enroll in the [Blue Check Program](#), which provides a Public Health endorsement to businesses implementing health and safety practices to protect staff and customers.
- **QUESTIONS** – Additional Information can be found on the [Santa Cruz County Public Health website](#).

#### **Information from San Benito County**

- **GENERAL** - San Benito County's restrictions are in line with the State of California and Department of Social Services/Community Care Licensing. Additional information can be found on the [San Benito County Public Health website](#).

## **Support from Disability Thrive Initiative for Alternative Services Programs**

The [Disability Thrive Initiative \(DTI\)](#) provides statewide training, support and resources on how to deliver and access alternative services for Californians with developmental disabilities during the COVID-19 pandemic. DTI can provide support, suggestions, and resources for programs, including day programs and transportation programs under the Alternative Services model that are transitioning to part-time or fulltime in person services. DTI offers consultant support, peer-to-peer consultation, webinars, and a resource library.

### **Additional Information – State of California**

All programs must comply with all applicable restrictions under

1. State [Blueprint for a Safer Economy](#)
2. State [COVID-19 Industry Guidance](#)
3. Any other State COVID-19 regulation or guidance document such as the State's [Guidance for the Use of Face Coverings](#).
4. [About COVID-19 restrictions page](#)
5. [California Department of Public Health](#)

Providers may also call the State's COVID-19 hotline at 1-833-422-4255 from Monday through Friday, 8 am to 8 pm, or Saturday from 8 am to 5 pm; or email the State at [EssentialServicesInquiries@cdph.ca.gov](mailto:EssentialServicesInquiries@cdph.ca.gov).

If there are contradictory requirements between the most current CDC, CDPH, CDSS, CDDS and local health department guidance or health orders, providers should follow the strictest requirements.

### **Resources from Listos California**

- [COVID Tips For People with Developmental Disabilities](#)
- [COVID Tips for Care Providers](#)