

Guidelines for

General Training Plan for COVID-19 for Residential Care Providers

According to the CDPH, business decisions should be based on both the level of disease transmission in the community and a company’s readiness to protect the safety and health of its workers and consumers. As such, the CDPH advises that all employers should effectively communicate important COVID-19 information and must implement (and update as necessary) their infection mitigation plan. All decisions and plan implementation should be made in collaboration with local health officials (DPH), Community Care Licensing (DSS) and any others authorities (DDS) and agencies (SARC).

Implementation of these guidelines should be tailored for each setting. Implementation requires training and support of staff and adequate consideration of consumers and family needs. SARC Health Services can collaborate with providers to guide, support and problem solves if specific issue arise.

Videos from CDC to View

- [Donning \(putting on\) PPE](#)
- [Doffing \(taking off\) PPE](#)
- [Ten Things You Can Do At Home](#)
- [Cleaning and Disinfection for Community Facilities](#)
- [Cleaning and Disinfection for Households](#)
- [Running Essential Errands](#)
- [Social Distancing](#)
- [Re-Use of N95 Respirator Masks](#)
- [Self-Check List for COVID-19 Sign and Symptoms with an Interactive Clinical Assessment Tool](#)
- [Handwashing](#)

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Recommended Trainings

- Standard precautions and basics of infectious disease transmission
 - Perform a detailed risk assessment and create a work site-specific COVID-19 prevention plan.
 - Identify all areas and job tasks with potential exposure to COVID-19. Include infection control to eliminate or reduce such exposures.
 - Train staff how to limit the spread of COVID-19, including how to screen themselves for symptoms and when to stay home.
 - Set up individual (consumer) control measures and daily symptoms check.
 - Put disinfection protocols in place.
 - Establish physical distancing guidelines.
 - Establish universal face covering requirements (with allowed exceptions) in accordance with CDPH guidelines (found in playbook).

- Proper Use of Different Types of PPE
 - When and what to use during Isolation
 - When and what to use during Quarantine
 - What should be part of day to day PPE
 - Maintain inventory
 - How to acquire more PPE when needed (CCL, SARC, DPH, local store, online, etc.)

- Facility/Agency Policy, Including
 - Procedure for admission, transfer, or return to facility with special protocols (risk mitigation for a consumer leaving and returning).
 - Social Distancing Protocol (in home and outside, mealtime, etc.).
 - Testing for COVID-19 (where to go, rotation schedule of staff testing) and actions to take pending results.
 - Sanitation of the home:
 - Need label training on cleaning/disinfecting product (update if use of new products).
 - Need protocol and frequency of cleaning frequently touched areas (have schedule in place).
 - Provide paper towels (no cloth towels), soap, and hand sanitizer in strategic areas of the home.
 - Isolation (if the person infected is a live-in-staff, what is the plan?)
 - Quarantine (if the person infected is a live-in-staff, what is the plan?)
 - Information communication with employees
 - Information communication for residents and their families
 - Transportation
 - Visiting policy
 - Staffing policy, including actions if staffing shortage occurs (monitor staff absenteeism and maintain a roster of trained back-up staff or staffing agency list)

Documents/Tracing

- Vital Signs and Symptoms of Illness Record (staff, visitors, and consumers)
- Record of last date of exposure, test dates, and tests results along with above Signs & Symptoms Record
- General Plan for Isolation (completed by nurse consultant)
- General Plan for Quarantine (completed by nurse consultant)
- Individual Health Care Plan for any Restricted Health Condition, if applicable (personalized for each Isolation case reviewed and signed by SARC RN)

For Administrator/Licensee Background Information

- [Community Care Licensing COVID-19 Playbook](#)
- [COVID-19: Planning for the Influenza Season amidst the Pandemic.](#)
- [Recommended Guidance for Extended Use and Limited Reuse of N95 and other PPE](#) from the CDC:
- For consideration in revising/developing facility policy
 - [Strategies for Optimizing the Supply of N95 Respirators](#)
- [Strategies for Optimizing Supplies of PPE](#)
- Resources for Employees with COVID-19 - know the sick leave policies
 - [Government Programs Supporting COVID-19 Sick Leave](#) and [Workers' Compensation](#)
 - [Family Friendly Practices for Employers \(PDF\)](#)
 - [Support for Working Families \(PDF\)](#)
 - [Paid Sick Leave and Expanded Family and Medical Leave](#)