



May 11, 2020

Dear Community and Individuals:

As we enter our 9th week of the Shelter in Place, I wanted to provide you with a brief update regarding San Andreas and the Covid -19 situation.

**SANTA CLARA AND
SAN BENITO COUNTIES**

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www.sarc.org

Member of the Association
of Regional Center Agencies



STAY CONNECTED

1. San Andreas Regional Center services are still available to you. Our offices are closed, but we are still here as many are working remotely. We are available by phone Monday-Friday, 8am to 5pm. After hours, we are available via our phone service and for urgent situations, you will be connected to an on-call manager. We encourage you to continue to call or email your service coordinator if you need support. If you do not hear back within 48 hours, then please send an email to info@sarc.org.
 - a. San Jose- (408) 374-9960
 - b. Watsonville- (831) 900-3737
 - c. Salinas- (831) 900-3636

2. San Andreas continues to monitor individuals who have been exposed or diagnosed with COVID-19. As of this date, a total of seven have been diagnosed positive, and two of those have passed away. The other five are being monitored and are recovering. If you have concerns about possible exposure or if you have symptoms, then you should contact your physician. You can also contact your service coordinator to discuss possible support. The Center for Disease Control recently updated the symptoms for Covid-19: Symptoms that may appear 2-14 days after exposure to the virus:
 - Cough
 - Shortness of breath or difficulty breathingOr at least two of the following:
 - Fever
 - Chills
 - Repeated shaking with chills
 - Muscle pain
 - Headache
 - Sore throat
 - New loss of taste or smell

3. The Shelter in Place continues through May 31, as such, services are primarily being delivered via services such as Zoom, Facetime, or like platforms. Many of the service providers are unable to deliver their traditional services due to the restrictions. We understand that the continued restrictions resulted in many adjustments, but the providers must adhere to the orders. If you want to discuss alternative options, then please contact your service coordinator.
 - a. Unfortunately due to the restrictions, all of the out of home respite offered at camp have been cancelled for the summer.

"Consumers First Through Service, Advocacy, Respect and Choice"

Serving Persons with Developmental Disabilities

- b. Day programs continue to be restricted and unable to serve individuals on site in congregate settings. Day programs which primarily serve individuals in the community are also restricted. Some of these programs may have contacted you about participating in virtual classes. The participation in these classes are not mandatory, but we encourage you to consider the participation as individuals may be able to connect in this new way.
 - c. Transportation services are currently suspended.
 - d. Independent Living and Supported Living Services may continue to serve people in their homes. You should work with your program and service coordinator to determine if this essential service should continue during the Shelter in Place order.
 - e. Many behavioral services are being provided virtually.
4. It is now required to wear a face covering while in public. If your loved one is unable to wear a face covering for any reason, it is possible to speak to the primary doctor to issue an exemption. You should discuss the issues the individual has with wearing a face covering.
5. We have updated our Corona Virus Resource and Information page to make it easier to navigate. You can access the page here: [SARC Virus Page](#). What you will find here includes:
 - a. All Department of Developmental Services Directives
 - b. All Shelter in Place orders
 - c. Mental Health Support
 - d. Useful educational flyers
 - e. Food, rent, and other support information
 - f. And much more
6. We continue to have bi-weekly Facebook live meetings where we provide information and answer questions. Our next meeting is on Thursday, May 14th in English at 9:30 a.m.; Spanish at 10:30 a.m.; and Vietnamese at 11:30 a.m. All are welcome and all you have to do is go to our SARC Facebook page @sanandreasregional.
7. The Federal Stimulus Checks continue to be sent out in phases. If San Andreas Regional Center is the payee for benefits, then you will be notified by your service coordinator if money is received on behalf of an individual. As of today, SARC has not received any payments but the activity is monitored daily. Please be patient.
8. Stay connected with San Andreas via our social media. We maintain an active Twitter, Facebook, and Instagram platforms.

Thank you for your continued patience as we navigate this crisis together. Our desire is to continue to serve you to the best of our ability and to provide you with information and support. Please stay healthy and safe and reach out to if needed. We are in this together.

Sincerely,

A handwritten signature in blue ink, appearing to read 'J. Zaldivar', with a long horizontal flourish extending to the right.

Javier Zaldivar
Executive Director