

Parent and Support Groups in
Santa Clara, San Benito, Santa Cruz and Monterey County
January 22, 2016

NAME	Type	County	Email	Website	Contact	Phone	Email
Abilities United Parent Support Group		Santa Clara		www.abilitiesunited.org	Carle York	650-906-5594	carleyorke@gmail.com
PHP - Support Groups 1400 Parkmoor Ave. Ste 100 San Jose, CA 95126	*Adult Children with Developmental Disabilities (PACDD)	Santa Clara	info@php.com	http://www.php.com/support http://www.php.com	Loni Allen	408-727-5775 Ext. 124	loni@php.com
	*Advocacy Training - Monthly 1st Tuesday Meetings						
	* Asperger Syndrome						
	*Attention Deficit Hyperactivity Disorder/Learning Differences						
	* Autism and Homeschooling Support Group						
	* Autism Spectrum Disorder						
	* Behaviors That Challenge						
	*Cafecitos y Conversacion para un Alma Especial/Coffee and Chat for a Special Soul.						
	* Down Syndrome						
	* EKG - Exceptional Kids Gilroy						
	* Facilitated Communication Users Group: Loud Talking Fingers						
	* Fragile X						
	* Grandparent's Support Group						
	* Japanese Support and Information						
	* Ketogenic Diet Online Information						
	* Learning Differences/Attention Deficit (Hyperactivity) Disorder						
	*Mood Disorders Support and Information Group						
	* Older Child Adoption Support Group						
	*Parent Coffee & Chat						
	* Peer Support Parent Program						
	* Physical / Orthopedic Disability Support and Information						
	* Seizure Support and Information						
	* Siblings for Adult Siblings						
	* Siblings Support						
	* Transition to Adulthood						
	* Vietnamese Support Group						
SPIN Support Groups P.O. Box 2367, Santa Cruz, CA 95063 (831) 722-2800	* New SPIN ONLINE SUPPORT GROUP	Santa Cruz San Benito	spinsc@yahogroups.com info@spinsc.org	http://www.spinsc.org/	Nancy Winans	831-423-7713	nwinans@spinsc.org

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	* Down Syndrome Support Group for Spanish Speaking families				Sonia Plageman	831-423-7713	
	* San Benito Parent Support Group	San Benito			Ricardo Cornejo	831-722-2800	rcornejo@spinsc.org
	* Autism/ Aspergers Support Group				Nancy Winans	831-423-7713	nwinans@spinsc.org
Other Community Support Grps:	* Facilitated Communication (FC)		webweaver@skyhighway.com				
	* Tourette Syndrome Support Group						
	* NAMI Parents of Youth	Northern Calif.		http://www.tsanorcal-hawaii.org http://youth.namisc.org	Cindy Schuette Emily Chapman	831-426-5648 831-476-1020	ebc73@comcast.net
	* Santa Cruz ADHD (C.H.A.D.D.)	Santa Cruz/Aptos		http://www.chadd.net/436	Judy Brenis	831-684-0590	jbrenis@comcast.net
	* Parent Support & Training	So. Santa Cruz			Elizabeth Chavez	831 722-2800	echavez@spinsc.org
	* New Group Possibilities	Santa Cruz	info@spinsc.org		Nancy Winans	831-423-7713	nwinans@spinsc.org
	*Autism/Asperger Support Group				Ali Hayes		alihayes2003@yahoo.com
	*Parents In Transition				Julie Rienhardt	831-419-5511	julievr@yahoo.com
Organization of Special Needs Families (OSF) 21685 Granada Ave., Cupertino 95140		Cupertino	osf.office@gmail.com			408-996-0850	
Peninsula Parents of Special Needs Kids (PPSNK)	* <u>Assistive Technology</u>	San Francisco Bay Area		http://groups.yahoo.com/group/psnkclips/	Susan Walton		swalton47@yahoo.com
	* <u>Educational Therapy & Tutoring</u>			www.anovaeducation.org			
PARCA	Various Parent Meetings - Autism Spanish translation and childcare on request	So. SF, Redwood City, Half Moon Bay		www.parca.org		650-312-0730	
The Parents Education Network (PEN) 6050 Geary Blvd., Ste. 101A, San Francisco, CA 94121	Coalition of parents collaborating with educators, students and the community to empower and bring academic and life success to students with learning and attention differences.	San Francisco Silicon Valley		http://www.parentseducationnetwork.org/In-Your-Area/CA/Silicon-Valley/		415-751-2237	
Mesa de la Comunidad P.O. Box 930032 Mountain View, CA 94039	Advocate for and increase participation of underrepresented groups in Mountain View's civic and business life.	Mtn. View	info@mesacomunidad.org	www.mesacomunidad.org	Oscar Garcia, President Marco Garcia, Vice President Michelle De La Ossa: Community Outreach	888-657-6801	
Mothers of Children with Autism and Aspergers (MOCHAA)	Mother's support groups. Assistance with schooling and special Placement. Research and planning for raising a special needs child. Youth groups for special needs teens. Childrens group for special needs children.	Santa Clara	mochaamom@gmail.com	www.mochaa.org	Jennifer Timmerman, Director	408.261.2249	jennifer@mochaa.org65

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Special Needs Theater Company	Skills-based programs rooted in theatrical arts experiences	Sunnyvale	info@angelsonstage.org	www.angelsonstage.org			
Special Kids Crusade	* Family Resource Center	Monterey Salinas	mail@specialkidsrusade.org	www.specialkidsrusade.org		831-372-2730	
	* Mom's Night Out	Monterey	lori@specialkidsrusade.org		Lori Luzader McDonnal	831-372-2730	
	* Exceptional Family Member Program (EFMP)	Monterey		www.mwrmonterey.com/acs	Linda Moseley	831-242-7960 or 831-242-7660	linda.b.moseley2.civ@mail.mil
	* Men's Support Group (EFMP)	Seaside		www.mwrmonterey.com/acs			
Chuparrosa	Grupo de Apoyo	Monterey	chuparrosa.monterey.ca@gmail.com	www.specialkidsrusade.org/PDFs/ChuparrosalInformacion.pdf	Rosa López Rosie Montoya Marci Lózaró Guadalupe Silva	831-512-8256 831-674-3560 831-710-9349 831-905-1376	
SELPA I	Citizens Advisory Committee (CAC)	SELPA I - No. Santa Clara County	info@selpa1cac.org	http://cacpalooalto.org/	Karen Mueller Phil Shemanski Teresa Maldonado Marchok		
SELPA II	Citizens Advisory Committee (CAC)	W. Santa Clara County		www.fuhisd.org/cac	Sumathi Balaji Jana Weaver Sabeen Sattar	408-522-2474 408-522-2479 FAX	
SELPA III	Citizens Advisory Committee (CAC)	S/W Santa Clara	chair@selpa3cac.org		Jeff Cutulli Nancy Lira		
SELPA IV	Citizens Advisory Committee (CAC)	Santa Clara/San Jose	cjused.cac.se@gmail.com	www.facebook.com/sjused.cacse			
SELPA VII	Citizens Advisory Committee (CAC)	Santa Clara	cac.selpaiv@sbcglobal.net cjused.cac.se@gmail.com rconleyrobertson@gmail.com	www.facebook.com/sjused.cacse	Deepa Pai Retta Conely Robertson Jennifer Packard	408-768-0315	
Stanford Autism Parent Support Group 401 Quarry Rd., Room 2209 Stanford, CA 94305	*Advocating for your child *Dealing with the impact on the family *Navigating School/Learning Issues *Investigating treatment options & resources	Stanford Child and Adolescent Psychiatry Building	earchiba@stanford.edu		Facilitated by Leslie Stafford and Lara Sandroa	650-721-6327	
Early Support Program for Autism	Sharing Resources, Helping families connect with providers, Parent Education, Guidance in navigating the educational and health care systems		autismsupport@stanford.edu	www.espa.stanford.edu		650-7233772	
Community Gatepath Social Connections	Autism support group	McCarthy Children's Ctr @ Community Gatepath, Burlingame	muecker@gatepath.com			650-259-0189	
Community Gatepath Social Connections for teens and young adults	Social gatherings to meet friends, play board games, video games, watch movies, chat (for those with ASD/HFA)	350 Twin Dolphin Dr., Ste 123, Redwood City		http://www.gatepath.org/autism-social-connection			

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Family Resource Ctr. At Community Gatepaty	Parent to parent support, outreach, information and referral services to families special needs families	San Mateo County Burlingame		www.smcfrc.org			
SEPTAR (Special Ed PTA of Redwood City) Support Group	Information, support, and opportunities for families and educators to meet and share their experiences and wisdom. Provide microgrants to teachers and organize social nights and family events.	Redwood City	septar@yahoogroups.com	www.septar.org			
Redwood Shores Parent Group	On-going support group and occasional parent group meetings.	Bay Area			Rona Gundrum	650-637-0882	ronagundrum@yahoo.com
Japanese Families with Children with Special Needs	On-going support group for Japanese families with children with special needs.	Burlingame			Aiko Sakura	650-737-9232	