

Hello San Andreas Service Providers,

July 1, 2016

Many of you have asked about the rate increases which went into effect today, Friday, July 1, 2016. These increases are a result of the AB X2-1 legislation that the legislature passed and which were signed into law by Governor Brown on March 1, 2016. The rate of the increases vary across all services, and many have wondered how this complicated set of rate increases will be accomplished by the time you receive invoices for July services around July 20-21. Please know that software was written, and made available statewide, which will automate the process of applying the appropriate increases to the rates. San Andreas has purchased the software. Our Fiscal Department has been working diligently in this regard. Please be assured that your July invoices will indeed reflect these rate increases.

California is working currently to get its Self-Determination Program approved by the Federal Government. The Self-Determination Program will allow participants the opportunity to have more control in developing their service plans and selecting service providers to better meet their needs. There will be a Self-Determination Symposium on Saturday, July 9, 2016 from 7:30am to 4:30pm at the Four Points by Sheraton San Jose – Silicon Valley. The hotel is located at 399 Silicon Valley Boulevard, San Jose, CA 95138. Come learn about the Self Determination Program in California. Implementation of this program is fast approaching and you'll want to be in the know! There will be speakers from DDS, the Pilot Program, and other parts of the state. There will be presentations on Financial Management Services, Person Centered Planning, and Independent Facilitation. Breakfast, Lunch, Snacks, and Grab Bags will be provided. Program will begin at 8:30 am. If you have any questions, please email Francisco Valenzuela ([savalenz@sarc.org](mailto:savalenz@sarc.org)) or Wesley Moss ([wmoss@phs-west.com](mailto:wmoss@phs-west.com)). To register for the symposium, please click on this link: <https://www.eventbrite.com/e/san-andreas-regional-center-self-determination-symposium-tickets-24355774778>

If you would like more information about the Self-Determination Program prior to the event, please see the brochure below or visit the DDS website at: <http://www.dds.ca.gov/SDP/>

Thanks once again for all that you do daily to support people with Intellectual/Developmental Disabilities. You truly make the difference in the lives of so many!

Have a very safe and relaxing Fourth of July weekend,

Jeff

Jeffery Darling  
Manager, Resource Department  
San Andreas Regional Center

Please note that my email address has changed. My email address is now [jdarling@sarc.org](mailto:jdarling@sarc.org). My old address, [sadarling@sarc.org](mailto:sadarling@sarc.org), will still reach me until July 31, 2016. After that, please use the new address.

SELF DETERMINATION  
INFORMATION

*SARC on Facebook*

*www.facebook.com/  
sanandreasregionalce  
nter*

*SARC Website*

*www.sanandreasregi  
onal.org/self-  
determination-  
program/*

*DDS*

*www.dds.ca.gov/  
SDP/Index.cfm*

If you are interested  
in Self  
Determination,  
then please speak to  
your service  
coordinator. You  
can ask to be put on  
the “Self  
Determination  
Interest List”

And Ask that your  
interest be written  
into your Individual  
Program Plan



Self Determination  
Program

Your choice, your  
way...

Coming soon to San  
Andreas



The Self-Determination Program is based on beliefs that people --

- Plan their own lives and make their own decisions
- Determine how funding is spent for their services and supports
- Plan and choose their own formal and informal supports
- Take responsibility for the decisions made

**Validate those decisions through maintaining ongoing control**

### The five principles of self-determination are --

- **Freedom** to exercise the same rights as all citizens; to establish, with freely chosen supports, family and friends, where they want to live, with whom they want to live, how their time will be occupied, and who supports them;
- **Authority** to control a budget in order to purchase services and supports of their choosing;
- **Support**, including the ability to arrange resources and personnel, which will allow flexibility to live in the community of their choice;
- **Responsibility**, which includes the opportunity to take responsibility for making decisions in their own lives and accept a valued role in their community, and,
- \* **Confirmation**, in making decisions in their own lives by designing and operating the service that they rely on.

### What does someone need to do to be considered for enrollment?

**Participate in a required Pre-Enrollment Informational Meeting at your regional center.** It's important to hear, in greater detail, information about the Self-Determination Program. At this meeting, people will learn not only about the opportunities but also the increased responsibilities involved in accepting more control over coordinating their services. Understanding this information will help people decide if the Self-Determination Program might be a good option for them.

**After participating in the required Pre-Enrollment Informational Meeting, let the regional center know you're interested in enrolling in the Self-Determination Program.** After you have participated in the required Pre-Enrollment Informational Meeting and you think that Self-Determination is a good option for you or your family member, you must let the regional center know you're interested in enrolling in the Self-Determination Program. As discussed below, this does not guarantee you will be selected as part of the first 2,500 participants.